

September 11, 2020

Parents,

Thank you for supporting your children in adapting to wearing masks to school. We are waiting on the reusable student masks supplied by the school division and should receive them very soon.

A reminder to supply a reusable water bottle for your children.

Head Lice

We have had a report of Head Lice in the school. It is very important to check your son's/daughter's hair for lice and nits (eggs) and treat with medicated shampoo which can be purchased at any Pharmacy.

Head lice are very small. Each one is about the size of a sesame seed. They are usually greyish white or greyish brown.

Lice lay eggs called nits. Each nit is attached to a hair with a cement-like, waterproof substance, therefore they cannot be washed out.

Head Lice Information:

- **Head Lice Shampoo: Brands recommended for treating of Head Lice are Nix or R & C (consult the pharmacist). They can be purchased in any pharmacy.**
- **Along with shampooing the head, you will need to use Nit Comb, specially made to comb out nits. A different comb will have to be used every time.**
- **Combs and brushes need to be washed in water that is 54 degrees or treated with the Head Lice Shampoo.**
- **Bed mattresses, furniture, etc. will also need to be treated. You can use an insecticide spray such as R & C II Spray Insecticide to treat these areas. This can also be purchased at any pharmacy.**
- **Stuffed animals, dolls, etc. can be put in a sealed plastic bag for 2 weeks or you can freeze them.**
- **Children's coats and hats/toques should be froze as well.**

Please keep checking your child's hair. If you do find any head lice, treat them right away.

- Greg Knot